



Survivor Wellness

Supportive Services

BEHAVIORAL HEALTH / COUNSELING / PSYCHIATRY SERVICES

CentraCare Health Behavioral Health Clinic

320-229-4945 • CENTRACARE.COM • 1900 CentraCare Circle, St Cloud, MN 56303

Emotional health is important and affects your everyday life and your overall health. Whether you need help during a time of transition or long-term, we have compassionate staff and programs to help you.

Central MN Mental Health Center

320-253-5555 • 1321 13th St North, St Cloud, MN 56303

Provides person-centered mental health and chemical health services to individuals and families.

INTEGRATIVE THERAPY

Integrative Therapy, Coborn Healing Center

320-229-4900 • CENTRACARE.COM • 1900 CentraCare Circle, St Cloud, MN 56303

Integrative therapies support health and healing by promoting balance in body, mind, and spirit. Coborn Cancer Center offers aromatherapy, acupuncture, acupressure, Healing Touch, and Animal-Assisted Therapy. Integrative therapies are offered to all Coborn Cancer Center patients at no additional charge.

PARENTING THROUGH CANCER

Angel Foundation

612-627-9000 • www.mnangel.org • 1155 Centre Pointe Drive, Ste 7, Mendota Heights, MN 55120

The Angel Foundation provides expertise in oncology support for parents and their children.

Child Life Specialist, CentraCare Health Plaza

childlife@centracare.com • CENTRACARE.COM • 1900 CentraCare Circle, St Cloud, MN 56303

Child life specialists are trained in child development and certified by the National Child Life Council. They are available to help patients, siblings and other family members.

RESPIRE RETREAT

Priceless4Purpose

218-568-4438 • priceless4purpose.org • 6851 Lacy Lane, Pequot Lakes, MN 56472

Grants adults affected by cancer and undergoing active treatment in Minnesota up to 3 nights respite time at Mystic Views alone or with an adult loved one of their choosing, providing a peaceful, calm distraction, free of sights and sounds of a hospital room or doctor's office at no charge.

PATIENT & CAREGIVER SUPPORT / MENTOR PROGRAMS

4th Angel Foundation

4thangel@ccf.org • 216-445-8734

Anyone diagnosed with cancer is eligible to be matched with a mentor to offer one-on-one.

Imerman Angels

Imermanangels.org • 877-274-5529

Imerman Angels put you in touch with someone like you, helping create a supportive relationship.

Reach to Recovery[®], American Cancer Society

1-800-227-2345

A volunteer breast cancer survivor will meet with you to provide support.

More programs are available from:

- Colon Cancer Alliance
- Lung Cancer Alliance
- Ovarian Cancer Alliance
- Leukemia and Lymphoma Society
- American Brain Tumor Association
- Living Beyond Breast Cancer
- PanCan Action Network
- Sarcoma Alliance
- Support for People with Oral and Head and Neck Cancer
- Us TOO International, Inc

SUPPORT GROUPS

Coborn Healing Center

320-229-4900, ext. 70990 • CENTRACARE.COM/EVENTS • 1900 CentraCare Circle, St Cloud, MN 56303

- Art Therapy (individual, caregiver and group sessions)
- Healing Series Support Group
- Hematology (blood cancers/disorders, leukemia, multiple myeloma or lymphoma)
- Us,TOO (prostate cancer)

Online Support Groups:

- **CancerCare** (www.cancer.org)
- **American Cancer Society** (www.cancer.org)
- **CaringBridge** (www.caringbridge.org)

SPIRITUAL CARE

Spiritual Care, St. Cloud Hospital

320-251-2700, ext. 54621 • CENTRACARE.COM • 1406 6th Ave N, St Cloud, MN

A chaplain is available upon request for an in-person visit or by phone call and will participate in Palliative Care consultations.

Coborn Cancer Center provides this list for the convenience of our patients. We cannot guarantee the accuracy, completeness or usefulness of any information provided. We are not responsible for the availability or content of external services, nor do we endorse, warrant or guarantee the products, services or information described or offered by these organizations. Patients should always consult their health care provider about any medical needs or health-related questions. If you have suggestions for adding / removing resources from this list, please contact our Social Worker at 320-229-4900.