



# Trauma Talk

Providing specialized care and education to our region

Trauma Services: To transfer a patient, please call 888-387-2862.

Spring 2018



## Director's Cut: Trauma System Integration

By Kurt Martinson, MD, FACS,  
Trauma Medical Director

As CentraCare Health (CCH) grows, we are continuously improving the quality and consistency of patient care. The vision for the integration of Trauma Services is to develop a uniform approach within our health system to provide consistent, high-quality care to injured patients. We are excited to work with the trauma program managers at each site to develop guidelines of care for patients requiring diversion or immediate transfer to a higher level of care, or for the less injured who will receive care locally.

Over the past year, we have integrated and centralized data collection, abstraction, and registry submissions at all CCH sites. In January 2018 Carris Health (a partnership of Rice Memorial Hospital, APMC Health and CentraCare Health) joined us. This allows each site's trauma program manager to focus on performance improvement and other aspects of their trauma program, while still meeting the state standards for registry data submission. It also allows us to provide benchmarking reports to these sites.

Verified as a Level 2 Trauma Center by the American College of Surgeons (ACS), St. Cloud Hospital is required to

participate in outreach education. We currently offer site-specific case reviews and provide educational opportunities to central Minnesota facilities. Our goal is to further develop educational content for the CCH regional sites, Carris Health and St. Cloud Hospital as determined by our integrated data collection and our performance improvement and benchmarking reports. We believe this will help ensure staff at all sites are trained to deliver the same high-quality care to trauma patients in all CCH and Carris Health facilities.

Another area of focus is injury prevention. Like outreach education, it also is a requirement of the ACS and the State of Minnesota for Trauma Centers included in the statewide trauma system to participate in injury prevention. As we integrate our data collection, we will be able to work with each facility to focus injury prevention strategies in their community.

The final area of focus is process improvement (PI). PI is a significant component in the State Trauma System and with the integration efforts, we can enhance process improvement opportunities. We are excited to begin quarterly system PI meetings and hope to offer CME and CEU's for attendance. We are confident that shared PI will benefit all sites' trauma programs.

As we embark on the journey of integration, we look forward to exploring all the opportunities we have to create a collaborative and strong trauma system.

## Trauma Outreach and Education

### Advanced Trauma Life Support (ATLS)

October 8 & 9, 2018, St. Cloud Hospital  
Please contact Laura Wacker to register or for more information at 320-251-2700, ext. 54857 or via email at [laura.wacker@centracare.com](mailto:laura.wacker@centracare.com)

### Pre-Hospital Conference

August 17, 2018, CentraCare Health Plaza  
More information coming soon.

### Trauma Review Course and Trauma Case Reviews

St. Cloud Hospital Trauma Services offers a Trauma Review Course for RNs and LPNs upon request. Contact hours are offered. Trauma Services at St. Cloud Hospital also offers case reviews to area hospitals. This review can be held at your facility and will be custom designed for pre-hospital, nursing, physician or mixed group. Contact hours and CME offerings are available.

Please contact Sara Stolt at 320-251-2700, ext. 57437 or via email [sara.stolt@centracare.com](mailto:sara.stolt@centracare.com) for more information.

## Trauma Services Staff Bios

St. Cloud Hospital is happy to celebrate 20 years as an ACS Verified Level 2 Trauma Center in 2018! Meet our Trauma Services department team.



### **Kurt Martinson, MD, FACS**

Dr. Kurt Martinson has been employed by CentraCare since 2006. In 2009, Dr. Martinson became trauma director at St. Cloud Hospital. He is a member of the American College of Surgeons Committee of Trauma, Minnesota Chapter; Regional Trauma Advisory Committee (RTAC); Eastern Association for the Surgery of Trauma (EAST); and Chest Wall Injury Society (CWIS). He also is a course director for Advanced Trauma Life Support (ATLS) and Rural Trauma Team Development Course (RTTDC).



### **Tami Bong**

Tami Bong is the director of Trauma Services. Tami is responsible for planning, developing, monitoring and coordinating the trauma care elements to ensure an organized multidisciplinary approach to quality care of the trauma patient. Tami started at CentraCare Health in 2014. Her background is in trauma management and emergency nursing; Tami has been a certified emergency nurse since 2013.



### **Bobbie Bertram**

Bobbie Bertram joined the trauma team in 2012 as the nurse practitioner for Trauma Services. Her responsibilities include responding to trauma codes, managing the day-to-day care of trauma patients, assisting in discharge planning and following up with trauma patients in the trauma clinic. Bobbie holds several certifications in the care of trauma patients. In 2016, Bobbie obtained her Master's in Business Administration and serves CentraCare Health as the advance practice provider clinical lead for the Specialty Care Division.



### **Alan Johnson**

Alan Johnson is a physician assistant in Trauma Services. He has nearly 30 years of combined experience in EMS as a ground and flight paramedic and Emergency Medicine provider. He is board certified in family medicine with a certificate of added qualification in emergency medicine. Al's experience also includes more than 20 years of military service and he currently holds the rank of Major in the Minnesota Army National Guard as an aviation physician assistant.



### **Melissa Hjelle**

Melissa Hjelle is an injury prevention specialist with Trauma Services at St. Cloud Hospital. Melissa joined the Trauma Services team in 2015. She has been with CentraCare Health for 9 years. Melissa's passion within the injury prevention role is to promote injury and trauma *prevention* by engaging CentraCare patients, as well as Central Minnesota communities and residents with education and interactive activities.



### **Sara Stolt**

Sara Stolt is the outreach educator for Trauma Services. Sara is responsible for providing trauma education to facilities in Central Minnesota. She also participates in performance improvement for the CentraCare Health regional sites and referring sites. She joined the Trauma Services team in 2017. Her background is in emergency nursing and she has been a certified emergency nurse since 2009.



### **Carissa Wilcox**

Carissa Wilcox is the lead trauma registrar. She supervises data collection for trauma patients into the trauma registries for St. Cloud and CentraCare's regional hospitals to monitor compliance. She started at CentraCare in 2012. She recently became chair of Minnesota Trauma Registrars Alliance.



### **Jennifer McLaird**

Jennifer McLaird is a trauma registrar who works within the Trauma Services department. Jennifer is responsible for gathering and reporting injury information about patients who've suffered a traumatic injury. She has been with CentraCare since 2014.



### **Christine Borkenhagen**

Christine Borkenhagen is a trauma registrar with Trauma Services. Christine is responsible for gathering and reporting data on the patients at St. Cloud Hospital who have suffered a traumatic injury. Christine has been employed with CentraCare since 2010. She has been with the Trauma Services department since 2017.



### **Laura Wacker**

Laura Wacker, administrative assistant: general surgery, trauma, urology, weight management and wound. Laura has been with the St. Cloud Hospital's Trauma Services department for 18 months as the administrative assistant.

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