

Help people taking treatment for cancer

Often thoughtful little gifts make all the difference in the world and help lift patients' spirits. Some ideas for items likely to be appreciated by those receiving cancer treatments include:

- Activities
 - Sudoku, crosswords, word finds, journals with pens
 - Coloring books with colored pencils
 - Reading materials, magazines, books or deck of playing cards
- Individually wrapped:
 - Healthy snacks - granola bars, dried fruit and nut mix, rice cakes, pudding, sugar free candy, etc.
 - Hard candies such as lemon drops, caramels, etc.
 - Mild flavored chewing gum
 - Throat lozenges, sugar-free, lemon flavored
 - Water bottles
- Angel pins or palm crosses
- Cards with messages of hope and inspiration
- File organizer
- Seatbelt cushion
- Sleep mask or ear plugs
- Soft socks or slippers with grippers
- Tote bag or backpack
- Travel pillow
- Unscented moisturizing skin care products such as lotion, soap and lip balm
- Unscented wet wipes or hand sanitizer
- Hand crafted items for adults
 - Blankets
 - Cushions
 - Head coverings such as hats or scarves
 - Knitted Knockers
 - Pillows

These are given freely to people taking treatment for cancer. Donations should be:

- New – never worn
- Clean – free of perfume, pet hair, odors and smoke. Wash your hands regularly while making them.
- Neutral colors are preferred.
- Soft yarn or fabric is best- cotton, acrylic, silk, fleece or a blend is best. Light weight for summer and warmer for winter months.
- Do not use wool or alpaca as they can irritate the scalp. Please use patterns without gaps or large holes. A tighter stitch is best so that it covers the scalp.
- Placed individually in clear Ziplock style plastic bags

Please do NOT include:

- Business cards
- Advertisements or solicitations
- Scented lotions, lip balms or sanitizers
- Used items

Thank you for your generosity!

Your donation will directly benefit people in our care.

If you have questions or want to schedule your donation drop-off, please call 320-654-3687.

CENTRA CARE
Coborn Cancer Center

a service of St. Cloud Hospital