CENTRACARE Coborn Cancer Center

a service of St. Cloud Hospital

Survivor Wellness

Fertility, Intimacy & Sexual Health

FERTILITY PRESERVATION BEFORE TREATMENT

Many cancer treatments and some types of cancer can cause fertility-related side effects. There are several ways to preserve fertility before cancer treatments. Please ask your provider about options that might be appropriate for you.

Male Options:

- Sperm cryopreservation (freezing).
- Testicular tissue cryopreservation for prepubertal boys.
- Gonadal shielding during radiation therapy.

Female Options:

- Embryo cryopreservation: mature eggs are removed through a surgical procedure and fertilized in the lab with sperm to create embryos. Embryos that develop successfully are then frozen.
- Oocyte cryopreservation (egg freezing): mature eggs are removed through a surgical procedure and frozen.
- Ovarian transposition: ovaries are surgically moved higher in the abdomen away from radiation therapy field.
- Ovarian tissue cryopreservation and transplantation: an experimental method of fertility preservation in which the outer layer of an ovary, which contains many immature eggs, is taken out of the body and frozen.
- Gonadal suppression: GnRH treatment or oral contraceptives, evidence currently insufficient.

Center for Reproductive Medicine

612-863-5390 • ivfminnesota.com • 991 Sibley Memorial Highway #100, St. Paul, MN 55118 Offers a range of advanced solutions to preserve fertility.

Cryogenics • www.cryolab.com

LIVESTRONG Fertility • www.livestrong.org

INTIMATE CONNECTIONS & SEXUAL HEALTH

Sexual Medicine Clinic, CentraCare Health

320-654-3688 • CENTRACARE.COM • 1900 CentraCare Circle, St. Cloud, MN Comprehensive evaluations, diagnosis, and treatment are offered for men, women, and partners.

REPRODUCTIVE MEDICINE

Reproductive Medicine Clinic, CentraCare Health

320-654-3630, ext. 70291 • CENTRACARE.COM • 1900 CentraCare Circle, St. Cloud, MN Offers medical evaluation and treatment to women or couples who are having difficulty conceiving, who have experienced recurrent miscarriages or who desire a pregnancy using donor insemination.

Coborn Cancer Center provides this list for the convenience of our patients. We cannot guarantee the accuracy, completeness or usefulness of any information provided. We are not responsible for the availability or content of external services, nor do we endorse, warrant or guarantee the products, services or information described or offered by these organizations. Patients should always consult their health care provider about any medical needs or health-related questions. If you have suggestions for adding / removing resources from this list, please contact our Social Worker at 320-229-4900. Last updated 02/2019

