

Survivor Wellness

Fertility, Intimacy & Sexual Health



FERTILITY PRESERVATION BEFORE TREATMENT

Many cancer treatments and some types of cancer can cause fertility-related side effects. There are several ways to preserve fertility before cancer treatments. Please ask your provider about options that might be appropriate for you.

Male Options:

- Sperm cryopreservation (freezing).
- Testicular tissue cryopreservation for prepubertal boys.
- Gonadal shielding during radiation therapy.

Female Options:

- Embryo cryopreservation: mature eggs are removed through a surgical procedure and fertilized in the lab with sperm to create embryos. Embryos that develop successfully are then frozen.
- Oocyte cryopreservation (egg freezing): mature eggs are removed through a surgical procedure and frozen.
- Ovarian transposition: ovaries are surgically moved higher in the abdomen away from radiation therapy field.
- Ovarian tissue cryopreservation and transplantation: an experimental method of fertility preservation in which the outer layer of an ovary, which contains many immature eggs, is taken out of the body and frozen.
- Gonadal suppression: GnRH treatment or oral contraceptives, evidence currently insufficient.

Center for Reproductive Medicine

612-863-5390 • ivfminnesota.com • 991 Sibley Memorial Highway #100, St. Paul, MN 55118

Offers a range of advanced solutions to preserve fertility.

Cryogenics • www.cryolab.com

LIVESTRONG Fertility • www.livestrong.org

INTIMATE CONNECTIONS & SEXUAL HEALTH

Sexual Medicine Clinic, CentraCare Health

320-654-3688 • CENTRACARE.COM • 1900 CentraCare Circle, St. Cloud, MN

Comprehensive evaluations, diagnosis, and treatment are offered for men, women, and partners.

REPRODUCTIVE MEDICINE

Reproductive Medicine Clinic, CentraCare Health

320-654-3630, ext. 70291 • CENTRACARE.COM • 1900 CentraCare Circle, St. Cloud, MN

Offers medical evaluation and treatment to women or couples who are having difficulty conceiving, who have experienced recurrent miscarriages or who desire a pregnancy using donor insemination.