








# Cancer Screening Guidelines

	Age: 21-29	30-39	40-44	45-49	50-54	55-64	65+
<b>EVERYONE</b>							
<b>Colorectal cancer</b> 						Fecal test (gFOBT, iFOBT or FIT) yearly Colonoscopy every 10 years, OR Sigmoidoscopy or CT "Virtual" colonography every 5 years	
<b>Lung cancer</b> 							30 pack year smoking history, current smoker or quit less than 15 years ago
<b>Skin cancer</b> 							Monthly self-exam; part of general physical exam by doctor
<b>WOMEN</b>							
<b>Cervical cancer</b> 		Pap Test every 3 years					Pap Test plus HPV test every 5 years (recommended) OR Pap Test every 3 years
<b>Breast cancer</b> 							Monthly self-exam, see doctor right away if lump is found; part of general physical exam by doctor Mammograms
<b>MEN</b>							
<b>Prostate cancer</b> 							African American discuss with doctor All men discuss with a doctor
<b>Testicular cancer</b> 							Monthly self-exam, see doctor right away if a lump is found; part of general physical exam by doctor