

POST-SURGICAL FOLLOW UP

We bring quality care to your home.

A nurse from CentraCare Health Home Care can come to your home to assess your post-surgical needs. The Home Care staff want to ensure your smooth transition from hospital to home. We provide services to all age groups, including children, across the heart of Central Minnesota. Most home care services are covered under Medicare or private insurance.

Home care services may include:

- Education on what is normal after surgery (including rest/sleep, bowel/bladder, appetite, progression of foods and normal activities)
- Monitoring of any new or life-long health problems that might be affected by surgery
- Wound care and assessment of the incision for infection
- Education on pain medications and pain control issues
- Monitoring vital signs and your general health as you heal
- Infusion therapy, providing IV antibiotics or hydration
- Caregiver support and information on community resources, if needed

Our nurse will talk to your surgeon directly about any medical concerns.

Checking any of the following might suggest a need for home care services after surgery:

- New diagnosis or flare-up of a long-term health problem
- Multiple illnesses
- Living alone
- Caregiver worried about caring for the patient
- New drug or use of many medications
- Home safety concerns

For more information on home care services, call 320-259-9375 or 800-835-6610.

CENTRACARE Health
Home Care & Hospice

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