

Sugar & Safe Care, Temperature, Airway, Blood Pressure, Lab Work, and Emotional Support (S.T.A.B.L.E.)

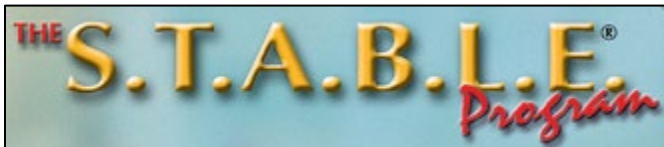
2020 Course Schedule

Purpose

This neonatal education program focuses exclusively on the post-resuscitation/pre-transport stabilization care of sick newborns. S.T.A.B.L.E. stands for the six assessment parameters taught in the course: Sugar & Safe Care, Temperature, Airway, Blood Pressure, Lab work, and Emotional Support for the family. This course is considered a follow-up complementary program to the Neonatal Resuscitation Program (NRP).

Target Audience

Any health care provider involved with post-resuscitation and/or pre-transport care of sick newborns including: Physicians, RNs, Nurse Midwives, LPNs, Nursing Assistants, Respiratory Therapists, and Pre-hospital Providers - EMTs and Paramedics.



Contact Hour Information

This education offering has been designed to meet the Minnesota Board of Nursing continuing education requirements for 7.9 contact hours.

It is the personal responsibility of each participant to determine whether this activity meets the requirements for acceptable continuing education by the licensing organization.

To earn contact hours, participant must attend all sessions and complete an online evaluation.

Registration

2020 S.T.A.B.L.E. course

Date	Location	Date	Location
<input type="checkbox"/> February 4	St. Cloud Plaza	<input type="checkbox"/> July 22	St. Cloud Plaza
<input type="checkbox"/> March 23	Paynesville	<input type="checkbox"/> September 10	Melrose
<input type="checkbox"/> May 5	Melrose	<input type="checkbox"/> October 22	Monticello
<input type="checkbox"/> May 11	Long Prairie	<input type="checkbox"/> November 11	St. Cloud Plaza
<input type="checkbox"/> May 20	Monticello		

Please print the following information:

Name _____
 Organization _____
 Title _____
 Home Address _____
 City _____ State _____ Zip _____
 Preferred Phone _____
 Email (required) _____

Objectives

Following the program, the participant will be able to:

- Describe the initial IV fluid therapy for sick infants, identify infants at risk for hypoglycemia, and describe the IV treatment of hypoglycemia.
- Identify indications for umbilical catheters and their safe use.
- Discuss safe patient care, stress the reduction of preventable errors, and providing methods to achieve this goal.
- Identify the special thermal needs of infants, including ways infants lose body heat, how to reduce heat loss, consequences of hypothermia, and methods/precautions for re-warming hypothermic infants.
- Describe how to evaluate respiratory distress, airway challenges and detection/treatment of pneumothorax.
- Discuss blood gas interpretation, identify signs of respiratory failure and when to increase the level of respiratory support.
- Describe how to secure an endotracheal tube, initial ventilator settings, and basic chest x-ray evaluation.
- Discuss how to evaluate and treat the three major causes of shock in infants.
- Discuss the evaluation and treatment of neonatal infection.
- Describe how to support families during the crisis surrounding the birth of a sick infant.

Course Prerequisites

Each participant needs to have studied "The S.T.A.B.L.E. Program Learner Manual, 6th Edition" and completed the Pre-Assessment exam prior to the course. Many institutions purchase manuals and allow staff to borrow them.

If your organization does not have a manual available, you may purchase one by contacting the AAP Online Bookstore at: <http://shop.aap.org/>. Alternatively, participants may also purchase a manual by enclosing \$50.00 along with their registration fee.

CentraCare employees will be provided with a manual to use for the course.

Program Fee:

- CentraCare Employees: \$ 0.00 *(if required for position)*
- Others: \$ 50.00
- STABLE Manual, 6th Edition \$ 50.00

Method of Payment:

- Department Transfer from (Internal Only): _____
- Check enclosed payable to CentraCare
- Credit Card (Visa, MasterCard, Discover):

Card # _____
 Exp. Date ____/____ V-Code _____ *(3-digit code on back of card)*

Mail registration and payment to:

CentraCare Education & Professional Development
 1406 Sixth Avenue North
 St. Cloud, MN 56303

Agenda

Start Time	Topic
07:45 a.m.	Introduction to the S.T.A.B.L.E. Program
08:00 a.m.	Sugar & Safe Care Module
09:00 a.m.	Temperature Module
10:00 a.m.	Break
10:20 a.m.	Post-test Sugar and Temperature Modules
10:30 a.m.	Airway Module
12:00 p.m.	Lunch (not included)
12:45 p.m.	Airway Module (cont'd) Post-test Airway Module
01:30 p.m.	Blood Pressure Module
02:30 p.m.	Break
02:45 p.m.	Lab Work Module
04:00 p.m.	Post-test Blood Pressure and Lab Work Modules
04:15 p.m.	Emotional Support Module
04:45 p.m.	Quality Improvement Module Adjourn

Additional Information

- Daycare is not provided. Please make necessary arrangements.
- Tuition includes contact hour certificate.
- It is difficult to maintain room temperature for the comfort of all. Please dress in layers.
- Disclosure Policy: It is the policy of CentraCare Education & Professional Development to provide balance, independence, objectivity and scientific rigor in all its sponsored educational activities. All faculty participating in sponsored programs are expected to disclose to the program audience any real or apparent conflict(s) of interest related to the content of their presentation.
- In accordance with the Americans with Disabilities Act Amendment Act of 2008, please advise CentraCare Education & Professional Development at (320) 255-5642 when registering if you have any disability that requires special materials and/or services so that appropriate personnel can be advised.

For more information, or if you have special needs or communication requirements, please contact CentraCare Education & Professional Development via email at cch.education@centracare.com or via phone at (320) 255-5642.

Locations

All classes will be held in one of the following locations. Directions will be sent in your registration confirmation emails as well. If the location of the room is different than those indicated below, it will be in your registration confirmation email.

South Point, Pelican Room

South Point | 3001 Clearwater Road, St. Cloud, MN 56301. Parking is available in the south lot. Take the elevator in the lobby to the Second Level. Follow the signs to the Pelican Room.

CentraCare Plaza, Hughes/Mathews Room

CentraCare Plaza | 1900 CentraCare Circle, St. Cloud, MN 56303. Please park in the Prairie East or Prairie West parking lots and enter the building through the Prairie East or Prairie West Entrances. The conference room is located in the Education Center on the Lower Level (LL).

CentraCare Long Prairie, Long Prairie Education Classroom

CentraCare Long Prairie | 20 Ninth Street Southeast, Long Prairie, MN 56347. Enter front doors from ninth street. Proceed down hallway and the LP education room will be at the end of the hallway.

CentraCare Melrose, Big Birch Room,

CentraCare Melrose | 525 Main Street West, Melrose, MN 56352. Enter the building through the clinic entrance. Use the stairs or elevator to reach the 2nd floor. The conference room is to the left.

CentraCare Monticello, Hospital Board Room

CentraCare Monticello | 1013 Hart Boulevard, Monticello, MN 55362. Enter the building through the Emergency Room Entrance. You will be in the Fireside Lobby. Walk through the lobby to the stairway and go down the stairs. At the bottom of the stairs, walk straight ahead and the Hospital Board Room (also known as Conference Room A) is on the right.

CentraCare Paynesville, Blakely Room

CentraCare Paynesville | 200 West First Street, Paynesville, MN 56362. Park in the ER/Hospital lot or on First Street. Enter door #19 to Blakely Room – Blakely is just inside on left.

CentraCare Sauk Centre, Sinclair Lewis Room

CentraCare Sauk Centre | 425 Elm Street North, Sauk Centre, MN 56378. Enter the building through the main entrance and take the elevator to the lower level. Take a left down the hallway towards cafeteria. Enter the conference center through the first entrance on the left. Sinclair Lewis Room is located straight ahead.